

CME Opportunity

AHN Women Physician's Wellness Conference

**November 8, 2024****CONFERENCE OVERVIEW**

This conference is a full-day CME event focused on women physician wellness and well-being. The agenda will include discussions on physician vitality, avoiding burnout, physical fitness, and other evidence-based medical topics that are generalizable to all specialties!

Hotel Monaco
620 William Penn Place
Pittsburgh, PA 15219

**Scan the code to register.**

Registration fee: \$100
Complimentary for residents & fellows.

Allegheny General Hospital designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits TM

CME ACCREDITATION

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Credits to be determined.

SPONSORED BY

Allegheny General Hospital
AHN Women Physician's ERG

Karen Hanlon
Executive Coach

Susan Manzi
Executive Coach

Perna Mewawalla
Chair

Molly Fisher
Vice Chair

Maria Gioia
Member Engagement Lead

Tanmayee Bichile
Administrative Lead

Valentyna Ivanova
Affinity Lead

Shelly McQuone
Recruit & Retain Lead

Margi Desai
Community Engagement Lead

Rasha Abdulmassih
Health & Wellness Lead

Nnenna Ukpaby
EEHI Advisor

Questions? Email bernice.sulkowski@ahn.org.

November 8, 2024

AHN Women Physician's Wellness Conference

AGENDA

8 AM - 8:30 AM	Registration & Breakfast
8:30 AM - 8:45 AM	Introduction Prerna Mewawalla, MD & Susan Manzi, MD
8:45 AM - 10 AM	Behind the Screen: Strategies to Address the Gender Gap Rebekah Apple, MA, DHSc
10 AM - 10:45 AM	Finance 101 for Physicians Matthew Blocki, CFP, RICP, ChFC
10:45 AM - 12 PM	Cardiovascular Wellness in Women Purvi Parwani, MD
12 PM - 1 PM	Lunch
1PM - 1:45 PM	Physician Advocacy Arvind Venkat, MD
1:45 PM - 2:30 PM	Introduction to Credit Card points Kevin Zanes
2:30 PM - 3:30 PM	Professional Vitality Dr. Sharon Wretzel & Dr. Reham Shaaban
3:30 PM - 4:15 PM	Efficient and Effective Fitness for Busy Physicians Natalie Gentile, MD
4:15 PM - 4:30 PM	Closing Maria Gioia, DO & Prerna Mewawalla, MD