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## Richard B. Hoffmaster, MD

*Updated 6/19/24*

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Saint Margaret Hospital  
Department of Geriatrics  
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### **Education and Training**

2018-2020 Certified Medical Director, AMDA.  
2017-2021 VitalTalk, Faculty Development.  
2016 Introduction to Ultrasound (Primary Care), INMED.  
2012-2013 Fellowship, Geriatric Medicine. UPMC St. Margaret.  
2009-2012 Residency, Family Medicine. UPMC St. Margaret.  
2003-2009 MD, Doctor of Medicine. SUNY Upstate Medical University.  
1999-2003 BS, Bachelor of Science, Biochemistry. SUNY Geneseo.

### **Clinical Experience, Professional Positions and Appointments**

2021-date VitalTalk, Faculty. Part-time. Teach virtual and face-to-face “Powered By VitalTalk” communication courses.  
2017-date Medical Director, Longwood at Oakmont, Presbyterian Senior Care. Part-time. Administrative director and primary care at personal care, long-term care and skilled nursing care.  
2017-date Clinical Assistant Professor, University of Pittsburgh Department of Family Medicine. Part-time. Family medicine teaching faculty with medical student, resident and fellow training.  
2013-date Director of Palliative Medicine/Education, UPMC St. Margaret. Full-time. Inpatient and outpatient palliative care consultant, primary care in geriatrics, family and geriatric medicine teaching faculty.  
2015-2016 Clinician, Family Hospice and Palliative Care. Part-time. Supervised and directed inpatient hospice unit clinical care.

### **Certification and Licensure**

ABPLM Certified Medical Director June 2020 – June 2026  
American Board of Family Medicine CAQ-Geriatrics, October 2013 - present, LKA in progress  
American Board of Family Medicine, April 2012 – present, LKA in progress

Medical License, PA, Expires Dec 2024  
DEA, USA, Expires Oct 2024

### **Memberships in Professional and Scientific Societies**

- 2016-date Member, Pennsylvania Medical Society (PAMED): Chair, Ad Hoc Task Force on Delegate Apportionment 2024
- 2016-date Allegheny County Medical Society (ACMS): Membership Committee 2019, Alternate Delegate 2018-2019, Delegate 2020-2024, Chair of 2023 and 2024 ACMS Delegations to PAMED, Board Member 2024
- 2015-date Delegate, American Academy of Family Physicians (AAFP)
- 2012-date Delegate, American Geriatrics Society (AGS)

## **Awards and Honors**

- 2020, 2019 Pittsburgh Best Doctors, Pittsburgh Magazine
- June 2012, Exceptional Resident Teacher, as chosen by medical students at UPMC St. Margaret
- June 2011 Margaret
- June 2012 Best Resident Teacher, as chosen by fellow residents at UPMC St. Margaret
- June 2012 Exceptional Teacher, as chosen by Penn State medical students at UPMC St. Margaret
- 2021 Tara Cook Palliative Care Teaching Award, UPMC Palliative and Supportive Care Institute (nominated)
- 2021 UPMC Award for Commitment and Excellence in Service (ACES) Award (nominated)

## **Publications, Posters and Abstracts**

Rogers K, Hoffmaster, R. "Rare Moraxella nonliquefaciens Endocarditis in a Geriatric Patient: A Case Report." American Geriatric Society. Long Beach, CA. 4 May 2023. Poster session. AGS abstract ID: 3864882.

Moore O, Hoffmaster R, Mohan E. "Improving Advance Care Planning in an Age Friendly Health System." American Geriatric Society. Virtual Annual Conference. 12 May 2021. Poster session. AGS abstract ID: 3549982.

Coyne M, Hoffmaster R, Sakely H. "Identifying Unintentional Weight Loss in a Gerontology Clinic." J Am Geriatr Soc. 68(suppl 1):S210, 2020.

Arif H, Hoffmaster R. "Powassan Virus: An Uncommon Cause of Viral Encephalopathy." American Geriatric Society. Oregon Convention Center, Portland, OR. 3 May 2019. Poster session. AGS abstract ID: 3160496.

Wilhelmy K, Hoffmaster R. "Advanced Care Planning Quality Improvement Project for Family Medicine Residents." American Geriatric Society. Oregon Convention Center, Portland, OR. 2 May 2019. Poster session. AGS abstract ID: 3159915.

Felton MA, Jarrett J, Hoffmaster R, D'Amico F, Sakely H, Pruskowski J. Comparison of haloperidol, non-haloperidol antipsychotics, and no pharmacotherapy for the management

of delirium in an inpatient geriatric palliative care population. J Pain Palliat Care Pharmacother. 32:2-3, 141-148, 2018.

Hoffmaster R. Need to Know: POLST. Bulletin of the Allegheny County Medical Society. July 2017

Felton MA, Hoffmaster R, Pruskowski J, Sakely H. Implementing pharmacists through telepharmacy into outpatient, palliative care at a geriatric clinic. J Am Geriatr Soc. 65(suppl 1):S213-214, 2017.

Felton MA, Jarrett J, Hoffmaster R, D'Amico F, Sakely H, Pruskowski J. Delirium in an inpatient geriatric palliative care population: Comparison of antipsychotic treatment strategies. J Am Geriatr Soc. 65(suppl 1):S130, 2017.

Hoffmaster, R. Pain Management at the End of Life. STFM and AFMRD Family Medicine Residency Curriculum Resource, 2013; updated 2023.

Hoffmaster R and Thompson J. Materia Medica - Is a Statin Right for My Elderly Patient? Bulletin of the Allegheny County Medical Society, April 2013.

## **Professional Activities, Committees, Research and Quality Improvement**

2024-date Improving Primary Care Clinicians' Advance Care Planning for Alzheimer's Disease and Related Dementias. Member of External Advisory Board for NIA-funded clinical trial. Grant: AD-ACP, 1R01AG083828. PI: Christine Kistler. Sponsor: University of Pittsburgh.

2021-date Improving inpatient documentation of goals-of-care discussions. Hospital-wide QI project, UPMC St. Margaret.

2020-date Instituting What Matters Most on Advance Care Planning. UPMC St. Margaret Geriatric Care Center.

2019-2020 Identifying Unintentional Weight Loss in a Gerontology Clinic. Clinic-based QI project. UPMC St. Margaret Geriatric Care Center.

2019-date Physicians for Physicians. Volunteer, colleague support and adverse event management. UPMC.

2018-2019 Advanced Care Planning Quality Improvement Project for Family Medicine Residents. Clinic-based QI project. UPMC St. Margaret Family Health Centers.

2018-date Communication Skills Training - REMAP. Annual workshop. UPMC St. Margaret Family Medicine Residency.

2018-date Ethics Committee. UPMC St. Margaret.

2017-2021 Advance Care Planning Learning Collaborative. System-level QI project to improve outpatient ACP completion. UPMC.  
2017-2020 Pain Steering Committee. UPMC St. Margaret.  
2009-date Palliative Care Committee. UPMC St. Margaret.

## Presentations

Feb 2024 Practical Prognostication. Hospital Grand Rounds, Armstrong Center for Medicine and Health. Kittanning, PA

Jan 2023, Aug 2016 Practical Prognostication in the Elderly. Hospital Grand Rounds, UPMC St Margaret

July 2022 Palliative Care in the Nursing Home. PA Long Term Care Learning Network.

Mar 2020, Mar 2021, Mar 2022 Palliative Care in the Nursing Home. Death & Dying Fellowship, Jewish Healthcare Foundation.

Oct 2020, Oct 2021 Dementia. Geriatric Core Content Series, UPMC St. Margaret

Dec 2019 Translating Patient Values into Clinical Action. Hospital Grand Rounds, UPMC St. Margaret

Jan 2019 Role of the LTC Medical Director. Geriatric Core Content Series, UPMC St. Margaret

Apr 2018 Palliative Care in the Nursing Home. 26th Annual Clinical Update in Geriatric Medicine, Pittsburgh Marriott City Center

Nov 2017 Practical Prognostication in the Elderly. Community Life, East End.

Oct 2017 Pain Management in Advanced Illness. Hospital Grand Rounds, UPMC St. Margaret

Aug 2017 Assessment of the Older Adult. Geriatric Core Content Series, UPMC St. Margaret

Apr 2017 Practical Prognostication in the Elderly. 25th Annual Clinical Update in Geriatric Medicine, Pittsburgh Marriott City Center

Nov 2016 Elder and End-of-Life Care: The Intersection of Law and Medicine. Allegheny County Bar Association and Allegheny County Medical Society. Pittsburgh, PA.

Aug 2016 Symptom Management at the End of Life. FM and Geriatric Core Content series, UPMC St. Margaret.

Dec 2015 Practical Prognostication in the Elderly. Palliative Education and Training Day, Palliative and Supportive Institute, UPMC.

Feb 2015

Oct 2014 Precepting Difficult Questions. Faculty Development Fellowship Seminar, UPMC St. Margaret.

Oct 2014 Communicating with Patients with Serious Illness. Aso-lizuka Hospital, Iizuka, Japan.

Sept 2014 Geriatric Pharmacotherapy. Aso-lizuka Hospital, Iizuka, Japan.

Sept 2014 Giving a Good Presentation. Aso-lizuka Hospital, Iizuka, Japan.

Jan 2014 Assessment of the Older Hospitalized Adult. Aso-lizuka Hospital, Iizuka, Japan.

Jan 2014 Management of Behavioral Problems in the Institutionalized Elderly. Palliative Education and Training Day, Palliative and Supportive Institute, UPMC.